

Kildavin/Clonegal GAA Club

Gym Membership



Terms & Conditions

Gym Rules and Conditions of Membership

Kildavin/Clonegal GAA Club

- All Gym users must be a full club member or a social member.
- All Gym users must provide two signed passport photographs
- All Users must receive an induction overseen by a suitably qualified person appointed by the Club
- A record of this induction must be signed by the member and the Instructor and returned to gym management.
- No person under 16 years of age may use the Gym or its equipment under any circumstances.
- Only playing members are covered by the GAA Injury Benefit Fund whilst using the Gym as part of a supervised training session.
- Use of the Gym as part of a team training arrangement is limited to after 8.30pm Monday to Friday and 8am to 10 am on Saturday and Sunday.
- All equipment to be used in accordance with manufacturer's instructions.
- Members must not bring additional exercise or training equipment into the Gym except by arrangement with gym management.
- Under no circumstances should gym users modify or otherwise tamper with gym equipment.
- Do not use equipment that you believe to be faulty or in need of attention. Advise Gym Management as soon as possible of your concerns.
- Equipment may not be reserved for use by the placing of bags towels etc. on them or by any other method. Members must use available equipment in an orderly and organised manner
- Gym membership will commence on the 1st day of the calendar month following application for membership or on the first day of a later month if agreed.
- Designated officers of the club will attend at specified dates and times to accept applications for membership and facilitate

payment of membership fees. Such attendance will be a minimum of five days before the beginning of each calendar month

- Access to the Gym will be by way of an electronic card reader. Each paid up member will be given a card. Cards must be returned on cessation of membership. A charge will attach to lost or stolen cards. Entry to the building will be by telephone. Members numbers will be input into system and they can then dial relevant contact number.
- Access cards will be disabled on cessation of membership, cessation of payment or failure to comply with the conditions of membership, thereby denying the holder access to the Gym
- All Gym members must at all times be mindful of the comfort of fellow gym users. Inappropriate behaviour, language or dress that is likely to offend may result in termination of membership
- Members who have complaints, concerns or recommendations are invited to put them in writing for consideration by the club management.
- Periodic checks to ensure that only authorised persons and paid up members are present in the Gym will be carried out. Such checks may involve the use of CCTV footage
- It is the responsibility of each member to seek medical advice before embarking on any exercise regime to ensure it is suitable for their age and general health.
- Kildavin/Clonegal GAA club have overall responsibility for the Gym and may alter, or amend the terms of membership, may seek to suspend or expel members. In such circumstances prepaid membership fees will be repaid.

Dear Friend,

On behalf of Kildavin/ Clonegal GAA we would like to take this opportunity to welcome you as a valued member of our Gym.

We sincerely hope you will enjoy your experience as a member.

Please be mindful of the fact that Kildavin/Clonegal GAA club is largely run by volunteers who give their time and expertise generously to ensure the continued playing of our Gaelic Games in the community and the maintenance of this magnificent facility which is the Spellman Park Complex and home of the club

If you wish to speak to any of the club members with designated responsibility for the GYM, contact details are below.

You will also find the access number for building below

Yours faithfully

Kildavin/Clonegal GAA Club

Contact Details of Relevant Club Members

Luke 087 6430352,

Nick 087 2633226

Mgt 087 8380018

Tom 087 9110555

Access No for Spellman Park Complex: 087 3522561